Assembly Instructions

Addie Beam Leg Risers



Thank you for purchasing the Addie Beam Leg Risers.

After opening the box, please check the parts list to make sure all pieces have arrived in good condition. If you have any questions during this assembly process, please call Customer Service.

Scan QR code for Video Assembly Instructions

Assembly Time = 5 minutes

Assembly Requires 1 Adult



⚠WARNING

- Serious injury (including permanent paralysis or death) could result from any activity involving motion, rotation or height.
- All users of this equipment assume this risk of serious injury.
- Mats and pits cannot and do not eliminate hazards.

Safety Instructions

ALWAYS:

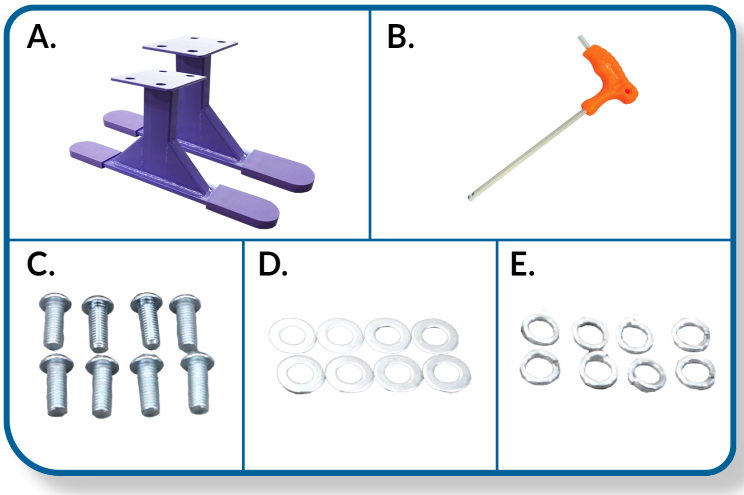
1. Consult an instructor prior to use.
2. Use equipment **ONLY** under the supervision of trained and equalified instructors.
3. Use equipment with trained spotters and the proper spotting equipment.
4. Check equipment before use for proper positioning; equipment can move during use.
5. Follow a progressive learning pattern. Assure basic skills are achieved before attempting more advanced skills.
6. Use equipment **ONLY** when all hard exposed surfaces are protected with proper mats.
7. Assure that all inflatable equipment has sufficient air pressure to avoid injury.

DO NOT use the apparatus with damaged, worn or missing parts.

DO NOT allow more than one person at a time to use the equipment.

Parts List

A. Leg Risers (2)
B. Hex Wrench
C. Button-head Bolts (8)
D. Flat Washers (8)
E. Split Washers (8)



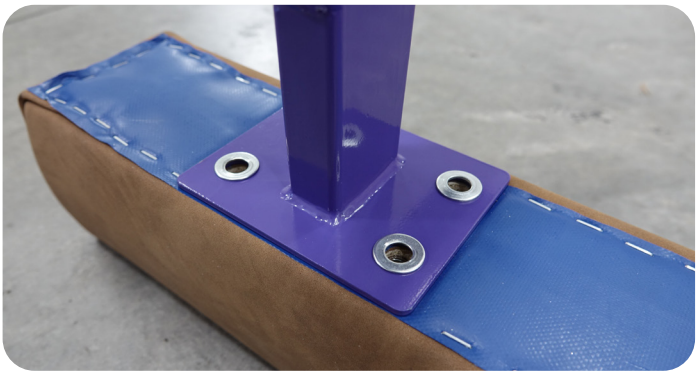
Tumbl Trak
Train Smart

For questions or assistance, please contact your regional Tumbl Trak representative

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1. Flip the beam upside down. Using the 6mm hex wrench provided, remove the two legs that were originally provided at the time of purchase. Line up the four holes on the underside of the beam with the four holes of the leg riser. Place the washer onto the bolt and insert into each hole.



2. Tightly secure the four bolts with washers with the 6mm hex wrench. Be sure not to turn too tightly and strip the bolt.



3. Once all four bolts are tightly secured, you are ready to flip the beam over and begin using. Be sure to save the two short legs in case you'd like to use them again in the future.

