

Assembly Instructions

Addie Balance Beam



Tumbl Trak
Train Smart

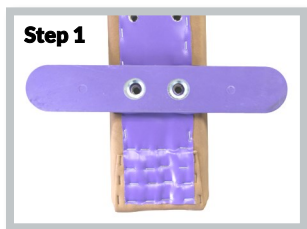


Parts List

Parts:

- A. Suede covered beam
- B. (2) Rubber coated feet
- C. (4) Screws
- D. (4) Star washer
- E. Allen Wrench

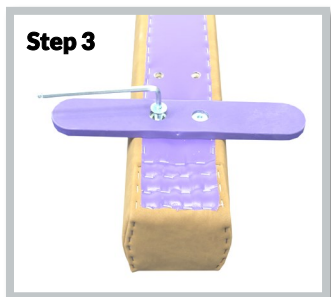
Thank you for investing in the Tumbl Trak Addie Beam. Train leaps, turns, handstands and much more. Open box carefully and check to make sure all parts have arrived. After opening the boxes, please check the parts list to make sure all pieces have arrived in good condition.



Step 1
STEP 1 – Flip the beam upside down and locate the two outside screw holes on each end of the beam. Place the feet on the beam, line up the screw holes with the tapered holes facing up.
**The inner set of holes are intended for leg risers.*



Step 2A
Step 2B
STEP 2 — (2A) Insert the screw through the star washer. (2B) Place the screws in the tapered holes connecting the feet to the beam.



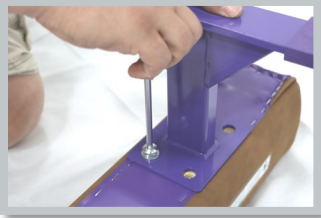
Step 3
STEP 3 – Use the Allen Wrench and turn screws until the feet are tightly secured to the beam.

Addie Beam Leg Risers

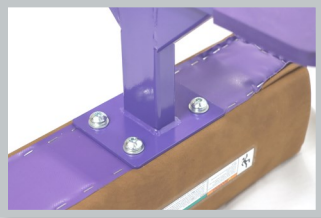
(Additional Purchase Required)



STEP 1 – Flip the beam upside down . Using the allen wrench that has been provided, remove the two legs that were originally provided at time of purchase. Line up the four holes on the underside of the beam with the four holes of the leg risers. Place the washer onto the bolt and insert into each hole.



STEP 2 – Tightly secure the four bolts with washers with the allen wrench. Be sure not to turn too tightly and strip the bolt.



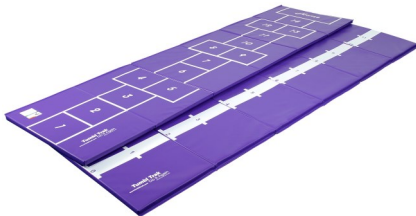
STEP 3 – Once all four bolts are tightly secured, you are ready to flip the beam over and begin using. Be sure to save the two short legs in case you'd like to use them again in the future.

	<p>WARNING</p> <ul style="list-style-type: none">• Serious injury (including permanent paralysis or death) could result from any activity involving motion, rotation or height.• All users of this equipment assume this risk of serious injury.• Mats and pits cannot and do not eliminate hazards.	<p>SAFETY INSTRUCTIONS</p> <p>ALWAYS:</p> <ol style="list-style-type: none">1. Consult an instructor prior to use.2. Use equipment ONLY under the supervision of trained and qualified instructors.3. Use equipment with trained spotters and the proper spotting equipment.4. Check equipment before use for proper positioning; equipment can move during use.5. Follow a progressive learning pattern. Assure basic skills are achieved before attempting more advanced skills.6. Use equipment ONLY when all hard exposed surfaces are protected with proper mats. <p>DO NOT use the apparatus with damaged, worn or missing parts. DO NOT allow more than one person at a time to use the equipment.</p>
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Recommended Accessories

Tumbl Trak recommends the use of matting to enhance safety. The following accessories can be purchased from Tumbl Trak's website at www.tumbltrak.com or by calling 1-800-331-4362.

Hopscotch Mat (3'x12')



- Multi-use mat that can be used for FUN too
- Spans the length of the beam and more
- Hopscotch Squares on one side
- White line on other side for beam skills



4'x8' Tumbling Mat



- Spans the length of the beam
- Provides softer surface under the Brianna Beam

