# **Assembly Instructions**

## Adjustable Trapeze Bar



Thank you for purchasing the Adjustable Trapeze Bar.

After opening the box, please check the parts list to make sure all pieces have arrived in good condition. If you have any questions during this assembly process, please call Customer Service.



Assembly Time = 5 minutes



Assembly Requires: 1 Adult



#### WARNING

- Serious injury (including permanent paralysis or death) could result from any activity involving motion, rotation or height.
- All users of this equipment assume this risk of serious iniury.
- Mats and pits cannot and do not eliminate hazards.

#### Safety Instructions

#### ALWAYS:

- Consult an instructor prior to use.
   Use equipment <u>ONLY</u> under the supervision of trained and equalified instructors.
- 3. Use equipment with trained spotters and the proper spotting equipment.
- 4. Check equipment before use for proper positioning; equipment can move during use.
- 5. Follow a progressive learning pattern. Assure basic skills
- are achieved before attempting more advanced skills.

  6. Use equipment ONLY when all hard exposed surfaces are protected with proper mats.
- 7. Assure that all inflatable equipment has sufficient air pressure to avoid injury.

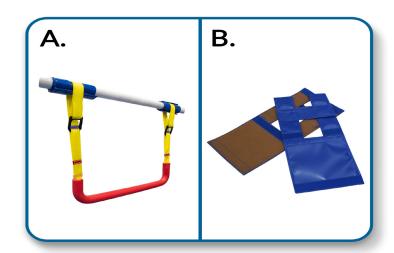
DO NOT use the apparatus with damaged, worn or missing

**DO NOT** allow more than one person at a time to use the equipment.

### **Parts List**

A. Trapeze Bar

B. (2) Suede Lined Bar Protectors





1. Wrap the Bar Protector snuggly around the bar with the suede side facing the bar.



2. Lift the outside flap that crosses the protector and hang the yellow webbing on the Bar Protector.



3. Secure the outside flap to keep the yellow webbing in place.



4. Select the desired length of the straps. Slide the clip into the yellow strapping using the colors as a guideline. You are now ready to use the Adjustable Trapeze Bar.

