

Assembly Instructions

Inground Tumbl Trak



Tumbl Trak
Train Smart

Any questions or problems, please call Tumbl Trak at (800) 331-4362



PIT DIMENSIONS

Width: The inside dimensions of the width of the pit is 78-in. The space between the edges of the flat rails is 75.5-in

Depth: The recommended depth of the pit is 22 to 24-in.

Length: The length of the pit should be exactly the length of the Tumbl Trak you are ordering

Concrete Walls

The walls **must** be poured **cement** (not block). The concrete mix used should be at least 3000 PSI and should **never** be allowed to freeze. If these conditions are not met, you should consult with your installation contractor.

Drilling Holes in your Concrete

Use a concrete drill with a 1/2-in bit. Holes should be drilled 16-in apart on each side of the pit beginning 4-in from the edge.

Steel Framework

A 6-in wide steel plate is fastened on the top edge of the Tumbl Trak pit wall. Each steel plate is 6-in wide x 10-ft long x 1/4-in thick. One side of the plate has holes drilled every 16-in. These are the holes that will be used to fasten the steel plate to the concrete. The other side of the plate has holes every 2.5-in apart. These are the holes that will be used to attach the springs of the Tumbl Trak. If you have a 'closed-end', there will be an end rail that is 75.5-in long x 6-in wide x 1/4-in thick.



WARNING

- Serious injury (including permanent paralysis or death) could result from any activity involving motion, rotation or height.
- All users of this equipment assume this risk of serious injury.
- Mats and pits cannot and do not eliminate hazards.

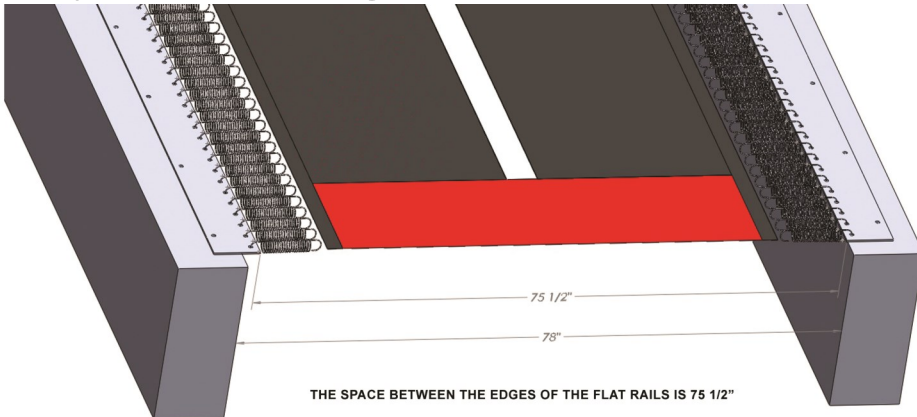
SAFETY INSTRUCTIONS

ALWAYS:

1. Consult an instructor prior to use.
2. Use equipment **ONLY** under the supervision of trained and qualified instructors.
3. Use equipment with trained spotters and the proper spotting equipment.
4. Check equipment before use for proper positioning; equipment can move during use.
5. Follow a progressive learning pattern. Assure basic skills are achieved before attempting more advanced skills.
6. Use equipment **ONLY** when all hard exposed surfaces are protected with proper mats.

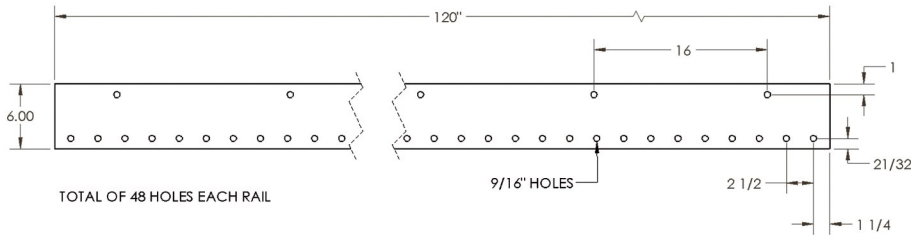
DO NOT use the apparatus with damaged, worn or missing parts. **DO NOT** allow more than one person at a time to use the equipment.

Opened-End Inground Tumbler Trak



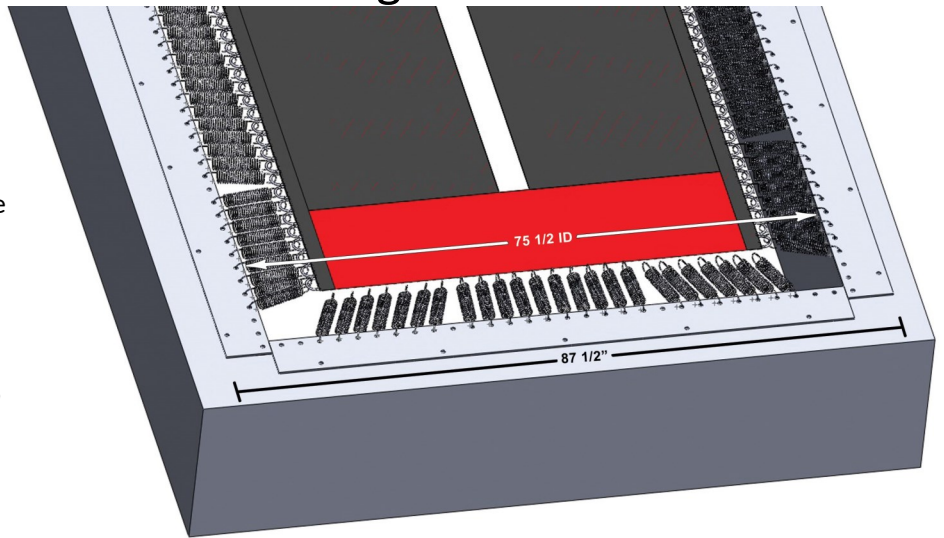
THE SPACE BETWEEN THE EDGES OF THE FLAT RAILS IS 75 1/2"
 THE WALLS MUST BE POURED CEMENT, NO BLOCK. SEE YOUR CONTRACTOR ABOUT RECOMMENDED WIDTH OF THE POURED WALL. THE INSIDE DIMENSIONS OF THE WIDTH OF THE PIT IS 78". THE RECOMMENDED DEPTH OF THE PIT IS 22-24".

An open-ended Tumbler Trak means there is no frame, springs or pad on the end of the Tumbler Trak. These are most common when the inground Tumbler Trak goes into a pit. If you have an open end on your Tumbler Trak that doesn't go into a pit, we suggest placing an End Block on the cement floor underneath the Tumbler Trak to help close the gap to the exposed concrete underneath.

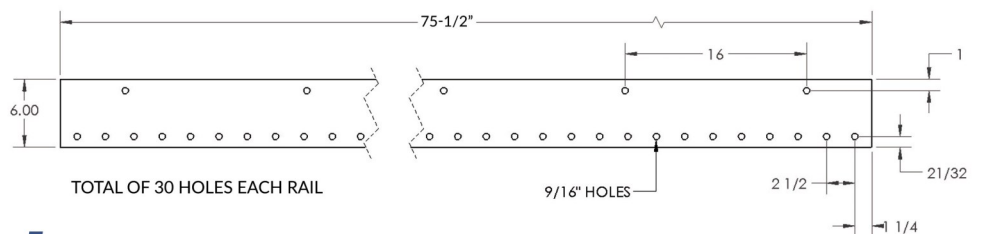


TOTAL OF 48 HOLES EACH RAIL

Closed-End Inground Tumbler Trak



A closed-end Tumbler Trak means there is a frame, springs and pad on the end of the Tumbler Trak. These are most common on the end of the inground Tumbler Trak that does NOT go into a pit. The Closed-End closes the gap to the cement floor underneath the Tumbler Trak.



TOTAL OF 30 HOLES EACH RAIL



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