





Box Contents

- (1)- Swivel Foot and Cross Bar
- (3) Bungee Strap Pairs (Red, Blue and Yellow)
- (2) Ankle Straps



Assembly Instructions:

- -Arrange all the pieces on the floor.
- -Place the ankle straps on the foot with the yellow strap under the foot and the black straps circling around the ankle. The strap will clip in at the back of the ankle.



- -Choose the bungee that is appropriate for the size athlete using the Stunt Double.
- -Clip one end of the bungee to the eye bolt at the end of the crossbar. Repeat on the other side.



-Clip the other end of the bungee to the ankle strap using a D-ring. Repeat on the other side.



-(Optional) Attach a shoe securely, (right foot, size 6 or 7 women's) to the swivel foot. Be sure the shoe fits securely to prevent the shoe slipping during use.



Enjoy your Stunt Double!